

Labette Center for Mental Health Services, Inc.

Company Newsletter

February 2019
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From February 1st - February 15th Labette Center Staff are invited to participate in a food drive to help support Labette County Emergency Assistance Center. This will be an wonderful way for Labette Center staff to give back to the community! Resources at LCEAC often help LCMHS clients through difficult times and are an amazing resource for anyone in the county in need of assistance. Staff may bring nonperishable food items to the Main Building. Boxes will be located in the multi-purpose room for donations. Non-perishable items include can goods, dry goods, and dehydrated foods. On Friday February 15th all donated items will be taken to LCEAC for them to distribute to individuals in need throughout Labette County.

Our Vision ~ *Provide the highest quality of comprehensive services to empower the people and communities of Labette County. We envision fulfilling and meaningful lives for those we serve.*

Our Mission ~ *Create hope and opportunities for life change by providing education, support, consultation and therapeutic behavioral health services to the people and communities of Labette County.*

LABETTE CENTER CALLS FOR NOMINATIONS FOR CARE AND COMPASSION AWARD



Labette Center for Mental Health Services (LCMHS) is asking for nominations for the ninth annual Care and Compassion Awards. The Care and Compassion Awards recognize those in the Labette County community and/or LCMHS staff members who routinely go above and beyond to show care and compassion to others.

For the 2019 Care and Compassion Awards there will be a total of four awards presented at the annual banquet. Nominations can be submitted under four categories, with one recipient being chosen from each category by an independent judging panel. Categories include: Community Member, Labette Center Staff Member, Public Service (Law Enforcement, Medical, EMT, etc.), and Educational Provider. Anyone in the community is able to submit a nomination.

The deadline for entries is 5 pm February 22nd, 2019. Entries will then

be reviewed, judged, and the award recipient will be officially announced during the annual Care and Compassion Awards Banquet. Entries can be mailed to, or dropped off at Labette Center for Mental Health Services, PO Box 258, 1730 Belmont, Parsons, KS 67357, attention: Monica Simpson. All mailed entries should have "CCAB" on the envelope. Entries may also be submitted through our website, www.lcmhs.com or our Facebook page.

EMPLOYEE RECOGNITION!

Supervisors would like to recognize employees who have gone above and beyond. These employees have shown, through their efforts, a commitment to the Center's mission. Labette Center has employees all through the agency that work hard to fulfill the vision and mission and it is an honor for supervisors to be able to recognize them when they see an extraordinary act take place. Below is the list of employees who have been recognized in the month of January.

Karen Hines ~ For always going the extra mile for the families she works with.

Jon Flanagan ~ For always going above and beyond to take care of his clients and going the extra mile to assist them.

FEBRUARY

PRC GYM MEMBERSHIP A BENEFIT TO ALL EMPLOYEES!

As part of the Center's commitment to health and wellness for employees the Center offers membership access to the Parsons Recreation Commission facilities located at 200 Heacock Ave, Parsons KS. The facility is open to members from 5am - 8pm Monday - Friday and 1pm-5pm on Saturday and Sunday. As stated on the PRC website, "A membership give you unlimited access to our facility during our business hours. At the Arvon Philips Community Center we offer a fitness/weight room, racquetball court, men's and women's saunas, full gym, meeting room with full kitchen, Xbox ONE, and Wi-Fi access." In order to access the Center's membership, employees must show their employee badge to the staff at PRC. For more information about PRC visit:
<http://www.teamsideline.com/sites/parsons/home>

Staff Anniversaries. . .

Stephanie Klonowski (Case Manager)	2 years	February 13th
Deb Williams (Corporate Compliance / Apartment Manager)	15 years	February 16th
Liz Davis (Case Manager)	7 years	February 20th
Susan Lynch (Attendant Care)	22 years	February 21st
Colton Richards (Case Manager)	3 years	February 29th

Staff Birthdays

Will Helton (Psychosocial)	February 15th
Liz Davis (Case Manager)	February 22nd



New Moon	February 4th
First Quarter	February 12
Full Moon	February 19
Last Quarter	February 26th

BREAKING THE CHAINS OF HUMAN TRAFFICKING EVENT HELD ON 1/31/19 AT PSU

Rebecca Gray, Melanie Chappel and Misti Mustain attended a panel discussion and information of local organizations regarding Human Trafficking. The event was sponsored by several organization from Pittsburg State University including Students for Violence Prevention, IJM, Campus Activities, SHOMCRONRHO, and sponsorship from Ascension Via Christi.

Rebecca, Melanie and Misti were able to gather great information on how to identify risk factors, red flags, physical indicators and control indicators of Human Trafficking, as well as resources to give to all center staff. The panel discussion focused on questions regarding how to help, how to identify, and what Human Trafficking is in both legal and functional description. The discussion brought to light that Southeast Kansas and Southwest Missouri is considered a high risk area due to the highway traffic system and means to transport individuals as well as a rural enough area to disguise illegal activity. The panel discussed some of the risk factors for those that fall victim to Human Trafficking. Any person of any age, races,, gender or socioeconomic background can be trafficked for sex or labor. Traffickers prey on vulnerabilities and some of those risk factors include: poverty, history of abuse or neglect, youth seeking needed attention and love, running away from home, lack of educations, drug addiction, homelessness, family dysfunction and lack of support system.

A key message from the event was "See something, Say something" encouraging public to report suspicions to local police, the FBI 1-800-225-5324, the National Missing and Exploited Child Unit 1-800-843-5678 or the National Human Trafficking Hot line 1-888-373-7888.

EMPLOYEE SHOUT OUT BOARDS!

Each month the shout outs from all of the buildings will be listed in the Company Newsletter so that everyone can see what great employees there are at LCMHS! Way to go everyone! (If anyone has any shout outs that are on boards that are missed in the newsletter please be sure to let Monica know!)

Shandi ~ Thanks for all your hard work on our Christmas doors!

Karen ~ Thank you so much for the great Christmas part!

Jeremy ~ Thanks for doing the dishes and cleaning the kitchen~

Colton ~ Thanks for the handmade gifts! You are so kind!

Nikkii ~ Thanks for the secret Santa idea! We really enjoyed it!

Colton ~ You are so creative!

All CBS ~ January can be really gloomy. . . Thanks for being my ray of sunshine!

SHARED LEAVE PROGRAM DONATIONS

February 1st marks the first of two donation times for accrued vacation.

Per the Center's Shared Leave Policy employees may donate accumulated vacation hours to a bank for distribution to aid another employee who is experiencing a life-threatening or catastrophic illness or injury.

As always donations are voluntary. For questions about this program, or to donate vacation time, contact Natasha Purcell, Human Resources.

PEER TO PEER GROUP

Peer to Peer Groups are held each week in the CSS Building located at 906 S. 13th Street. All clients who are actively enrolled in the CSS program may attend these groups. Co-ed Group is held on Tuesdays from 11:30-12:30 and the Women's Group is held on Wednesdays from 11:00-12:00.

SOAR AVAILABLE FOR CLIENTS

Deb Williams has been trained in SOAR, SSI/SSDI Outreach Access and Recovery, and is now able to assist clients with obtaining Social Security and/or Disability services. She has currently already been able to assist three individuals! For questions about SOAR please contact Deb Williams.

EMPLOYEE LOGIN SECTION OF LCMHS WEBSITE

Don't forget about the employee login section of the website! The button to access the login page can be found on the main website as one of the menu items listed at the top of the page, directly under the picture. The Center's website address is www.lcmhs.com. The first time accessing the page each employee will need to set up login information. The login information has to be ap-

proved before the employee can access the page. During business hours this process will be handled within a short amount of time. If the first time logging in takes place after normal business hours, the request will be approved on the following business day. After the request has been approved the employee is able to log in anytime. Information is still being updated on this site. If any employee has suggestions on what information would be useful to access through this portal please feel free to let us know!

NAMI

The Parsons NAMI group meets on the second Thursday of every month. The next meeting will be on December 13th, 2018. The November meeting will be focused on removing stigma and self esteem vs. self identity. For more information about the Parsons NAMI meetings call 620-240-3740 (message phone) or email seknami@gmail.com.

DON'T FORGET ABOUT RELIAS!

Labette Center is proud to be able to offer Relias Learning System to our employees as an added benefit. If you are in need of trainings to obtain continuing education units, or would just like to learn more on a variety of subjects, don't forget to check out Relias to see all the courses that are offered! If anyone has any difficulty logging into the Relias system, if you have forgotten your user name and/or password, or have difficult utilizing the system, please contact Monica Simpson. There are a lot of great courses that can fit the needs of any employee!

KPERS 457 VIDEO

Enrollment for the KPERS 457 retirement plan is always open! KPERS 457 is the State of Kansas deferred compensation plan. It's a voluntary savings plan for KPERS members.

In the employee login section of the Center's website, under "Important Links & Training Videos", staff can find a video about the plan to gain more information. The KPERS 457 sign up form and flyer can be found under "Other Employee Information & Forms". For more information contact Natasha Purcell, Human Resource Coordinator.

DON'T FORGET ABOUT SMART DOLLAR!

Labette Center offers the Smart Dollar program to full time employees to use in their journey to financial wellness.

Proven Plan for Success

SmartDollar is a step-by-step plan that has worked for millions of people just like you. It's easy to follow and will help you reach your financial goals.

Online Budgeting Tool

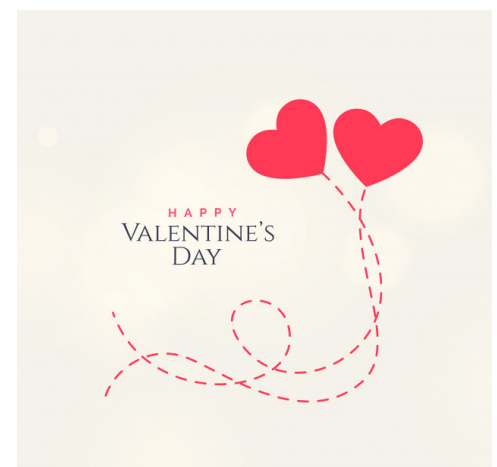
SmartDollar features the online budgeting tool EveryDollar. When you have a budget, you'll start telling your money what to do instead of wondering where it went.

Motivating Content

Learn from the experts! Through video lessons and real-world content applications, our team of experts, including Dave Ramsey, will inspire you to take action and reach your dreams.

Enrollment Link : <https://www.smart-dollar.com/enroll/lcmhs4417>

Participant Video Link: http://users.neo.registeredsite.com/8/8/3/11596388//184865/other-employee-info.html?_=0.869013901654421



February is. . .

Adopt A Rescued Rabbit Month
AMD/Low Vision Awareness Month
American Heart Month
Bake for Family Fun Month
Beat The Heat Month
Declutter For A Cause Month
Dog Training Education Month
International Boost Self-Esteem Month
International Expect Success Month
International Hoof-care Month
International Month of Black Women in The Arts
Library Lovers Month
Love The Bus Month
Marfan Syndrome Awareness Month
Marijuana Awareness Month
African American History Month
National Bird Feeding Month
National Cherry Month
National Children's Dental Health Month
National Haiku Writing Month
National Hot Breakfast Month
National Mend A Broken Heart Month
National Parent Leadership Month
National Pet Dental Health Month
National Prevent A Litter Month
National Self Check Month
National Therapeutic Recreation Month
National Time Management Month
National Weddings Month
National Women Inventors Month
Plant the Seeds of Greatness Month
Pull Your Sofa Off The Wall Month
Relationship Wellness Month
Responsible Pet Owner's Month
Return Shopping Carts to the Supermarket Month
Spay/Neuter Awareness Month
Spunky Old Broads Month
Wise Health Care Consumer Month
Youth Leadership Month
US Snow Sculpting Week: 1-5
Women's Heart Week: 1-7
Burn Awareness Week: 3-9
Children's Authors & Illustrators Week: 3-9
Children's Mental Health Week: 4-10
National School Counseling Week: 4-8
Congenital Heart Defect Awareness Week: 7-14
Have A Heart for A Chained Dog Week: 7-14
National Marriage Week: 7-14
International Friendship Week: 10-16
Jell-O Week: 10-16
National Secondhand Wardrobe Week: 10-16
Freelance Writer Appreciation Week: 11-15
Westminster Dog Show: 11-12
World AG Expo: 12-14
Great Backyard Bird Count: 15-18

National Entrepreneurship Week: 16-23
National FFA Week: 17-24
Random Acts of Kindness Week: 17-23
Learning Disabilities Week: 18-21
Through With The Chew: 18-22
American Camp Week: 19-22
Texas Cowboy Poetry Gathering: 22-23
National Pasty Week: 24-3/2
Telecommuter Appreciation Week: 24-3/2
National Eating Disorders Awareness Week: 25-3/3
Bubble Gum Day: 1
Candy-Making Day: 1
Car Insurance Day: 1
Change Your Password Day: 1
Decorating With Candy Day: 1
G.I. Joe Day: 1
Give Kids A Smile Day: 1
Freedom Day: 1
Robinson Crusoe Day: 1
Spunky Old Broads Day: 1
Wear Red Day: 1
Barber Day: 2
Crepe Day: 2
Groundhog Day: 2
Ice Cream For Breakfast Day: 2
Sled Dog Day: 2
Take Your Child To The Library Day: 2
World Play Your Ukulele Day: 2
Feed The Birds Day: 3
National Missing Person's Day: 3
National Women's Physicians Day: 3
Popcorn Day: 3
Super Bowl LIII (53): 3
The Day The Music Died: 3
Facebook's Birthday: 4
USO Day: 4
World Cancer Day: 4
Chinese New Year: 5
Safer Internet Day: 5
World Nutella Day: 5
Canadian Maple Syrup Day: 6
National Girls & Women in Sports Day: 6
National Signing Day: 6
Play Monopoly Day: 6
Ballet Day: 7
Laura Ingalls Wilder Day: 7
Boy Scout Anniversary Day: 8
No One Eats Alone Day: 8
Opera Day: 8
National Pizza Day: 9
Autism Sunday: 10
National Home Warranty Day: 10
World Marriage Day: 10
Clean Out Your Computer Day: 11
Don't Cry Over Spilled Milk Day: 11
International Day of Women and Girls in Science: 11
Get Out Your Guitar Day: 11
National Inventors Day: 11
National Shut-in Visitation Day: 11
Darwin Day: 12
Lincoln's Birthday: 12
NAACP Day: 12

Paul Bunyan Day: 12
Safety Pup Day: 12
Get a Different Name Day: 13
World Radio Day: 13
Ferris Wheel Day: 14
International Book Giving Day: 14
Frederick Douglass Day: 14
League of Women Voters Day: 14
Library Lovers Day: 14
National Have A Heart Day: 14
National Donor Day: 14
Valentine's Day: 14
National Caregivers Day: 15
National Gum Drop Day: 15
National Hippo Day: 15
No One Eats Alone Day: 15
Susan B. Anthony Day: 15
World Information Architecture Day: 15
National Almond Day: 16
World Whale Day: 16
Analog to Digital TV Day: 17
Daytona 500: 17
National PTA Founders Day: 17
Random Acts of Kindness Day: 17
World Human Spirit Day: 17
Battery Day: 18
Pluto Day: 18
Presidents Day: 18
Best Friends Day: 19
Chocolate Mint Day: 19
National Lashes Day: 19
Iwo Jima Day: 19
Love Your Pet Day: 20
World Day for Social Justice: 20
Discover Girl Day: 21
National Grain Free Day: 21
The Great American Spit Out: 21
George Washington's Birthday: 22
Girl Scout Cookie Weekend: 22-24
National Wildlife Day: 22
Skip The Straw Day: 22
Woolworth's Day: 22
World Thinking Day: 22
Diesel Engine Day: 23
International Tongue Twister Day: 23
National Dog Biscuit Day: 23
National Tile Day: 23
International Toast Day: 23
Tootsie Roll Day: 23
Academy Awards Night: 24
Forget Me Not Day: 24
National Dance Day: 24
Museum Advocacy Day: 25-26
For Pete's Sake Day: 26
Levi Strauss Day: 26
Spay Day USA: 26
World Pistachio Day: 26
International Polar Bear Day: 27
World Retrospective Day: 27
Digital Learning Day: 28
Floral Design Day: 28
National Chili Day: 28
National Tooth Fairy Day: 28
Rare Disease Day: 28